



Broccoli Rice Casserole

2 Tbsp. butter	3 cup chopped broccoli, crisp-cooled
¼ cup chopped onion	1 ¾ cup cooked rice
3 Tbsp. flour	1 cup shredded cheddar cheese
1 tsp. Chinese mustard	¼ cup mayonnaise
⅛ tsp. pepper	⅓ cup bread crumbs
1 ¼ cup milk	1 Tbsp. butter, melted

Sauté onion in butter until tender. Add flour, mustard, and pepper, cooking until bubbly, and stirring constantly. Gradually stir in milk. Cook over medium heat until sauce thickens. In large bowl combine broccoli, sauce, rice, cheese and mayonnaise. Spoon into shallow, greased 2 quart baking dish. Combine bread crumbs with 1 Tbsp. melted butter. Sprinkle over broccoli. Bake at 325°F for 25 min. or until broccoli is tender.

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