



## Laura's Speedy Gonzales Stew

**3# chicken skinless-boneless thighs**

**1 cup uncooked rice**

**2 jars mild salsa**

**2 cups frozen green beans**

**1 large can whole tomatoes**

**Shredded cheddar cheese**

**2 cups water**

**Put all ingredients (except rice and cheese) in crock pot and simmer on low for 6 hours. Chop meat and return to slow cooker. Stir well. Add rice and simmer 40 minutes. Serve in bowls, sprinkling cheese on top.**

*Laura NOlette*