

This unit study was created in 2004 for to American History with the Nolette family on our history day. Once a week we got together to study history with another family.

This is not a product.

We are just sharing our own notes to inspire you in your own lesson planning.

We did a lot of reading aloud with the children often taking turns reading aloud. We also did a lot of fun projects including art, crafts, cooking, sewing, creating radio shows, singing, writing poems, and watching movies. We had a blast together!

We hope this will be a blessing and inspire you to create your own classes and unit studies.

Warmly, Meredith Curtis & Laura Nolette <u>Meredith@powerlinecc.com</u> Laura@powerlinecc.com





Katie Beth was doing her own high school course independently. The Nolette family and our family got together once a week and did history for a whole day. We read aloud and enjoyed hands-on fun. Sometimes we watched a movie. Here is what we did that year.



Native Americans

Sept. wk 1

Read aloud Indian stories Each lamb read one story aloud and then share with the

group: name, tribe, etc. with others.

Read History for Little Pilgrims chapter 8 aloud.

Read Aloud Indian America: A Geography of North American

Indians.

Read *The Lily of the Mohawks* from *Heroes of God IV* pg. 57 Watch Movie: *Last of the Mohicans*

Activity: Apache Scroll or Navajo Sand painting (Pioneer Days p.) or make model village.



Explorers Sept. wk 2

Read Land Ho! Card.

Our American Heritage p. 3-17 (Christopher Columbus) Color *Columbus Coloring Book* pages and then display and read

aloud.

History for Little Pilgrims p. 66-73; chapter 9

Florida share about Ponce de Leon and St. Augustine

Show newspaper map of Columbus' voyages.

On World map, label Columbus' voyages and Ponce de Leon's voyages.

Lesson from History pg. 19 Boat in bath tub. Try loads on it. Let it float through a storm. Discuss.



Jamestown

Sept. wk 3 *Our American Heritage* p. 19-31 (Captain John Smith) Read *US History Cookbook* pages 15-23.

Make collage with foods found in America: (chocolate, vanilla, sugar, corn, potatoes, etc.)

Start Pilgrim Stories first chapters.

Cook the ultimate roasted turkey breast (USHC p. 21) and succotash (AHC pg. 522) and Bake pumpkin pie and cranberry bread.



Sept. wk 4

Our American Heritage p. 33-39 (Pocohantas) Read *Samuel Eaton's Day* and *Sarah Morton's Day*

aloud.

Map: Draw sea routes on world map. Put Jamestown and Plymouth on world map.

Read Pilgrims Stories

Oct. wk 1Our American Heritage p. 41-53 (Miles Standish)
Read Three Young Pilgrims

Finish *Pilgrim Stories* Plant corn seeds with sardines Write a letter from a pilgrim to home in England.



Colonial America

Oct. wk 2 Our American Heritage (Squanto) Read Keep the Lights Burning, Abby aloud. Read Kids Discover: Colonial America aloud.

Kead Kids Discover: Colonial Ame

Start braided rug.

Play Made for Trade

Color Colonial Trades Coloring Book

Make quill pen and ink from berries. Make "old paper" with tear and tearing.

Papyrotamia---paper cut-outs.

Oct. wk 3Our American Heritage pg.73-81 (William Penn) orWilliam Penn from Explorers for God III aloud

Role play William Penn making treaty with the Indians.

Videotape.

Read *Jean Baptist Du Sable* from *Explorers for God III* pg.81 Talk about founding of each colony. Fill in an historical map of 13 colonies.

Fill in modern USA map. Sing states and capitals song.
Read *Finding Providence: Roger Williams* aloud
Work on braided rug.
Play *Made for Trade*.
Bake gingersnaps.
Eat chicken pot pies for lunch
Play "skin the cat:, "stool ball", and "I sent a letter to my lady."

Oct. wk 4

vk 4Our American Heritage pg. 83-95 (Ben Franklin)
Look at Poor Richard's Almanak.Act out Ben Franklin discovering electricity. Videotape.
Discuss French and Indian war. Discuss Salem witch trials.

Fill in modern USA map. Sing states and capitals song.

Read US History Cookbook pg. 25-34

Make powder horn and pouch. Make a three-cornered hat.

Watch Movie: The Crucible

Color pages and braid rug while watching movie.

Make clam chowder (AHC pg. 43), baked beans (pg. 527) and boston brown bread (pg.433).

Oct. wk 5 Read *If You Lived in Williamsburg in Colonial Times* aloud.

History for Little Pilgrims chpt. 10 Read *Little Lost Kitten* and *Bugle, A Puppy in Old*

Yorktown aloud.

Fill in modern USA map. Sing states and capitals song.

Discuss The Great Awakening, Wesley, Jonathan Edward, and David Brainard.

Discuss Methodism (societies) and how we use them today. Act out open-air preaching. Videotape.

Bake snickerdoodles.

Work on braided rug.



Revolutionary War

Nov. wk 1

wk 1Our American Heritage p. 97-111 (George Washington)
Look at pictures in Life and Times of George WashingtonRead If You Lived in the time of George Washington aloud.

Make Chicken Pot Pie.

Work on braided rug.

Work on Liberty Kids Cd-rom

Hands on History: vocab words-large group poster, Cause and Effect Title page, French and Indian War Lockbook, Proclamation of 1763, and Q & A Flip Book (Taxes).

Bake Martha Washington's Great Cake (AHC pg. 602) and Cherry Pie (pg. 586)

Nov. wk 2

Our American Heritage p.113-125 (Thomas Jefferson) Read *Declaration of Independence*.

Read Where was Patrick Henry on the 29th of May aloud Zack gives Patrick Henry's *Give Me Liberty or Give me Death* speech. Look at Patrick Henry mini page. Look at Declaration of Independence

Copy Declaration of Independence on "old paper" made in November Act out the Boston Tea party. Videotape.

Work on Liberty Kids Cd-rom

Hands on History Boston Massacre Time Line Flag, Gravestone fro Crispus Attucks, Boston Tea Party Steps book, and Contrast First Continental Congress and now.

Make Jefferson's Minted Peas (AHC pg. 514) Watch video: *Freedom Is*

Nov. wk 3Read Sybil Rides for Independence aloud.Read Sam the Minuteman aloud.

Look at Revolutionary War transparencies.

Work on Liberty Kids Cd-rom

Wear three-cornered hats, gunpowder horn and pouch. Try Benedict Arnold's Secret Code, discuss Continental army classifications and "Get ready in a minute."

Hands on History Mini book of Paul Revere's Ride, Time Line of Lexington and Concord, Letter from Second Continental Congress.

Act out Paul Revere's Ride. Videotape.

Play Secret Mission game.

Nov. wk 4

Discuss Articles of Confederation vs. Constitution. Read *The Constitution of the United States of America*.

Look at Bill of Rights

Read *If You Were There WhenThey Signed the Constitution* Read *Betsy Ross* aloud.

Julianna gives George Washington's farewell address.

Read I Pledge Allegiance aloud.

Work on Liberty Kids Cd-rom

Hands on History: Guide to Bunker Hill, Declaration of Independence Quiz panels, Mil Matchbooks, and Circlebooks.



Western Expansion/Early 1800s

Dec. wk 1 Lewis and Clark. Read *How We Crossed the West: The Adventures of Lewis and Clark* aloud.

History for Little Pilgrims chapter 11

US History Cookbook pg. 35-45

Read *The Lewis and Clark Exhibition* aloud and do: Land Survey, Using a Compass, Dead Reckoning, Mandan Earth Lodge, "Carve a canoe" using heavy pound cake baked in load pans and from ivory soap, Sign Language, Bull Boat.

Draw their travel route on a landform map. Read *Sacagawea* from *Explorers for God III* pg. 89 *Pioneer Days* workbook pages. Watch movie: *Almost Heros*

Dec. wk 2 *Our American Heritage* pg.127-139 (Daniel Boone) Read Hurrah! We're Outward Bound

Read Anne Judson from Heroes of God IV pg. 97

Read US History Cookbook pg. 47-57

Discuss the Alamo. Act it out. Videotape.

Draw a map of Texas. (Drawing: lighting and shading)

Fill in a state map and put all the dates of when each state was granted statehood. Sing states and capitals song.

Pioneer Days workbook pages

Work on *Liberty Kids* Cd-rom

Cook Cornbread (AHC pg. 449) and Chili

Watch Video: Daniel Boone

Dec. wk 3

Our American Heritage p.141-149 (Noah Webster) Look at Webster's Dictionary (then and now) and some

of his school books.

Look at *A New Nation is Born* transparencies. Read Star Spangled Banner card and sing song. Discuss War of 1812 Read "The Big Cheese" article Read *Paul Bunyan* Read *Peter Cartwright* from *Heroes for God IV* pg.81 Davy Crockett? Pioneer Days workbook pages

Read *Johnny Appleseed* and make apple butter (other *Pioneer Days* p.59 or AHC pg. 556) and dried apple rings (US History Cookbook pg. 32) Watch Video: *Paul Bunyan*

Dec. wk 4 Florida History update. California Gold rush. Andrew Jackson.

Read Sightseers: California Gold Rush aloud. Read US History Cookbook_pg. 59-67 Pioneer Days workbook pages "Pan for Gold"

Art: Christmas art project or wire jewelry or polymer jewelry.



Civil War

Jan. wk 1 Our American Heritage pg.161-171 (Robert E. Lee) Sing: Dixie, Battle Hymn of the Republic, Pick a Bale O' Cotton,
Cootn Needs Pickin, Shuckin of the Corn History for Little Pilgrims chapter 12 Read Daily Life on a Southern Plantation Fill in modern USA map. Sing states and capitals song. Create coded messages. Learn flag signals and routines (prepare dance for church) Read US History Cookbook pg. 69-78 Bake General Robert E Lee Cake (AHC pg. 592) and cook ambrosia (pg. 565), ham with red eye gravy (pg. 505), grits, hot biscuits, plantation green beans (pg. 516).

Watch Movie: Gone with the Wind

Jan. wk 2 Our American Heritage pg. 173-183 (Abe Lincoln) Read If You Lived at the Time of the Civil War Send morse code messages Advertize for underground railroad (poster art) Play with paper dolls (American family of the Civil War). Make up a story and videotape. Watch video: The Great Man's Whiskers

Watch video: The Great Man's Whiskers

Jan. wk 3 Our American Heritage pg. 185-193 (Clara Barton) Talk about patient with wound in his stomach. Read Sojourner Truth from Heroes for God IV pg. 89 Read Dorthea Lynde Dix from Heroes for God IV pg. 97 Build a stretcher. Bandage one another. Bake Parker House Rolls (pg. 438) Watch movie: Gods and Generals

Jan. wk 4 Our American Heritage pg. 205-211 (Louisa May

Alcott)

Bake Apple Slump (p,565) Louisa named her house after

this yummy desert.

Fill in modern USA map. Sing states and capitals song.

Read *Pioneer Days* page 1-30 Make Johnnycakes, Knots and Patchwork pictures.

Read *Pioneer Days* p. 31-56 Play marbles, make woven mat, make homemade soda pop

Watch video: Little Women



Wild, Wild West

Feb. wk1Our American Heritage page. 239-245 (Laura Ingalls Wilder)
Look at The Pioneers pictures.

Read *Pioneer Days* pg.57-80. Make cornhusk dolls, magic wallet, and roasted pumpkin seeds.

Woven dolls (Laura find directions) Bake blueberry muffins (AHC pg. 446). Watch video: *Little House*....

Feb. wk 2

Read If You Traveled West in a Covered Wagon Look at A New Birth of Freedom transparencies.

Read "Levi's Dilemma" article.

Read *Pioneer Days* p. 81-106. Play checkers, Make silhouette pictures, Stencil, Seminole patchwork, and beanbag target.

Bake bread and strawberry shortcake (AHC pg. 564). Make strawberry jam and churn butter.

Watch Movie: Tom Sawyer

Feb. wk 3 Read Buffalo Bill and the Pony Express aloud Look at Cowboy and Children of the Wild West pictures. Read Wild West Days pg. 1-56. Design a brand, sourdough starter, flapjacks, measuring distance, pinwheels and pioneer cap. "Brand" cattle. (Can Lew help with woodburning?) Eat chuck wagon beans.

Wear neckerchiefs and cowboy hats--sit over a campfire and sing cowboy songs.

Sing: The Old Chisholm Trail, Good-bye Old Paint, Git along Lil Doggies, My Home's in Montana, Old Texas.

Watch movie: *Seven Brides for Seven Brothers* or a John Wayne Movie (Color USA postage stamp pictures during movie)

Feb. wk 4Read Gold Spike card.
Read The Railroad aloud.
Read US History Cookbook pg. 79-87

Read *Wild West Days* pg. 57-106. Woven basket, knot know-how, bead necklace and straw star.

Read "The Meeting of the Rails" article.

Read The Golden Spike aloud.

Make chop suey, apple pie and coconut pudding (US History

Cookbook)

Sing: I've Been Workin on the Railroad, John Henry, Drill, Ye Tarrier, Paddy Works on the Railway

Eat beef jerky and fruit leather for lunch. Watch movie: *Shanghi Noon* or *Calamity Jane*



Victorian Times

Our American Heritage pg. 213-25 (Booker T

March wk 1 Washington)

Look at *Daily Life in a Victorian House* Color a Victorian picture. Design calling cards. Make a cameo. Make homemade ice cream (AHC pg. 574-575) Watch movie:

March wk 2

Our American Heritage pg.227-237 (George

Washington Carver).

Read "The Man Behind the Statue of Liberty" article.

Read "From Sea to Shining Sea" article and sing *America, the utiful*.

Beautiful. Fill in 1

Fill in modern USA map. Sing states and capitals song.Girls stitch a sampler and boys ?Pressed flower bookmark (Samantha's Craft book pg. 36)Read Poetry by Walt WhitmanWatch video: *Pollyanna*

March wk 3

Read *Helen Keller and the Big Storm* aloud Look at *America in the Gilded Age* transparencies. Fill in modern USA map. Sing states and capitals song.

Read US History Cookbook pg. 89-95.

Read *Samantha's Cookbook* pg. 1-3, 6-7, 16-17, 30-31, 42-44 Prepare tea foods and have a Victorian Tea.

Make Jelly tart cookies (Anne of Green Gables Treasury page 71)

Bake Lemon/poppy seed muffins or tea bread (pg.93) and make root beer floats.



Early 1900s

March wk 4

Read Age of Edison card. Look at Inventions

poster.

Read Kids Discover: Titanic

Read "Mini page: Kids at the turn of the century" Look at *Sears 1908 Catalog* and "Look Who's One Hundred Years Old in 1986" article. Read Who Said That? Card. Teddy Roosevelt. Read *The One Bad Thing about Father* Paper Airplanes Make fancy fan (pg. 8) and Glass paperweight (pg. 10) in *Samantha's Craft Book*.

Watch video: Peanuts: The Great Inventors



World War I

an Ellis Island Story aloud.

History for Little Pilgrims chapter 13

US History Cookbook pg. 96-97. Make noodle koogle.

Talk about plastic.

Plastic shrinkie dinks.

Make paper snowflakes from paper plates (pg. 22) and Candy crystals (p. 23) and silhouettes (pg. 24) from *Samantha's Craft Book*.

Watch movie: Sergeant York



Roaring Twenties/The Great Depression

April wk 2Read Kids Discover: The Roaring Twenties

Write a two word poem.

Fill in modern USA map. Sing states and capitals song.

Read *US History Cookbook* pg. 99-107. Make Caesar salad and citrus sundae and bread pudding.

April wk 3Read excerpts from We Had Everything but Money
Read US History Cookbook chapter 10.
Make barley soup, macaroni and cheese and depression cake.
Fill in modern USA map. Sing states and capitals song.

Watch movie: The Waltons or The Sting



World War II

April wk 4Read The Yellow Star
Read Kids Discover: WWIISing:When Johnny Comes marching Home, Goober Peas, The

Caisons, Marine's Hymn, Anchors Aweigh

Write a Sanryu and Diamante poem.
Make a periscope. Reconnaissance. Code breaking.
Make a ration.
Read US History Cookbook chapter 11.
Make sloppy joes
Watch video: The Sound of Music

May wk 1Read excerpts from We Pulled Together and WonRead "The Longest Day" article from Focus on the Family.Write a Scripture poem

Read *Square Meals* "Victory Dinner" section pg. 198-245. Make dried chipped beef on toast, tuna noodle casserole, a war ration cake, jello

salad, and victory garden vegetable tray with onion soup mix dip. Watch movies: *The Hiding Place* and *Operation Petticoat*



The Forties, Fifties and Sixties

May wk 2

Look at *This Fabulous Century: 1950-1960* Field Trip to 50s and 60s.

Read US History Cookbook pg. 129-139. Make your own TV dinners. Read Square Meals "The Cuisine of Suburbia" pg. 253-319. Make hamburgers, French fries, cherry cokes and malted milk shakes diner style. Watch movie: Grease or MASH reruns or I Love Lucy



1970-2004

May wk 3Field Trip to 70s and 80s and 90s.History for Little Pilgrims chapter 14

Read "Creating a Cooler Condition" newspaper article.

US History Cookbook pg. 141-151. Make granola and zucchini bread, quiche and green beans amandine.

Color stamp picture.

Write a sense poem.

Watch movie: 13 Days or All the President's Men or Dr. Strangelove

May wk 4

Look at The Best of LIFE

Talk about Ronald Reagan

US History Cookbook pg.153-162

Create a stamp for historical event in this time period.

Braided friendship bracelets.

Watch movie: Hunt for Red October

May Wk 5Presidents posters and info. Chief justices poster.
Complete famous American biography.

We hope you enjoyed these "Good Old Days" lesson plans that we used to homeschool our children years ago. They are compliments of Powerline Productions.

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